

## Main Run with Youth U18 / U20

**Route length:** 10 km

**Start time:** 11:45 a.m.

**Age groups:** W U18, W U20  
Seniors (f), W30, W35 etc. to W75;  
M U18, M U20,  
Seniors (m), M30, M35 etc. to M80.

**Entry fee:** 14,-- €

**Award ceremony:** from 1:45 p.m.

**Awards:** for place 1 to 3 in each age group  
(male/female);  
Certificates for place 1 to 3 in each age group  
(male/female) in the main run, from place 4  
on request at the award ceremony.

**Document printout on the internet possible.**

**Team classification:** The times of the 3 fastest male runners and the  
times of the 3 fastest female runners  
respectively are scored.  
Non-cash prizes for place 1 to 3 in  
the team rankings.



## Company- / Hobby Run Youth U16 / Kids U14

**Route length:** 4 km

**Start time:** 10:30 a.m.

**Age groups:** **Company- / Hobby Run:**  
Men and women without age groups.

**Youth U16 / Kids U14:**  
Youth (m/f) U16 (birth 2009/2008)  
Kids (m/f) U14 (birth 2011/2010)

**Entry fee:** Company- / Hobby Run: 8,-- €  
Youth U16 / Kids U14: 5,-- €

**Award ceremony:** from 11:45 a.m.

**Awards:** **Company- / Hobby Run:**  
for place 1 to 3 in each age group  
(male/female);  
Certificates for place 1 to 3 (male/female).

**Youth U16 / Kids U14:**  
for place 1 to 3 in each age group  
(male/female);  
Certificates for place 1 to 3 (male/female).

**Document printout on the internet possible.**

**Team classification:** The times of the 5 fastest runners (male or  
female) of a group / company / club are  
scored.

Non-cash prizes for place 1 to 3 in the team  
rankings.



## Nordic Walking

**Route length:** 7,5 km (suitable for Sport badges in Germany)

**Start time:** 10:00 a.m.

**Age groups:** Men and women without age groups.

**Entry fee:** 8,-- €

**Award ceremony:** from 11:45 p.m.

**Awards:** for place 1 to 3 (male/female);  
Certificates for place 1 to 3 (male/female).

**Document printout on the internet possible.**

## Map / track layout main run

Adalbert-Stifter-Str. 50, 91074 Herzogenaurach

