

## Kids U12 - U8

- Route length:** 1,0 km
- Start time:** 10:00 a.m.
- Age groups:** m/f U12 (birth 2010/2009)  
m/f U10 (birth 2012/2011)  
m/f U8 (birth 2014/2013)
- Entry fee:** 4,-- €
- Award ceremony:** from 10:30 a.m.
- Awards:** for place 1 to 3 in each age group (m/f);  
Certificates for place 1 to 3.

**Document printout on the internet possible.**

## Bambini

- Route length:** 400 m
- Start time:** 10:15 a.m.
- Age groups:** Birth 2015 and younger
- Entry fee:** 2,-- €
- Award ceremony:** from 10:30 a.m.
- Awards:** Certificates and medals for all places

## Data protection

For the running event HerzoRun 2020, the registration of the participants, the participant lists, the evaluations and the result lists are handled and stored by an external service provider. The data will be used exclusively for this event. The valid data protection declaration can be reached via the following link: <https://minde-sports.com/index.php?id=45> or on the corresponding portal page in the footnote.

On registration, you agree that the data given in your registration, the subsequent results and the photos can be used for internal purposes, can be published and passed on to the local press without claim for remuneration.

## General

- Organizer:**  
Turnerschaft Herzogenaurach 1861 e.V., running section
- Information:**  
Gerd Ankermann  
Phone: 0151/22635061  
Email: [info@herzorun.de](mailto:info@herzorun.de)
- Venue:**  
Sports ground of Turnerschaft Herzogenaurach 1861 e.V.  
Adalbert-Stifter-Str. 50, 91074 Herzogenaurach
- Routes:**  
The routes are sufficiently signposted and consist mainly of paved forest trails.
- Registration:**  
Online: <http://www.herzorun.de>  
**Deadline: Wednesday, 09.09.2020, 11:59 p.m.**  
Late registration: Late registrations are possible until one hour before the respective start for an additional fee of 4,--€ (not valid for bambini and kids U12-U8).

- Entry fees:**  
The starting fee will be debited after registration by direct debit authorization. By registering, the participant agrees to the collection of the entry fee by debiting. A return of the starting place and a refund of the entry fee is possible until 2 weeks before the competition date. After that, no refund is possible. For late entries, start fees and late entry fees are to be paid in cash.

- Start documents:**  
The start documents can be picked up at the competition office in the TSH building from 7:00 a.m. onwards. The starting number is issued individually after competition.

- Infos and result lists:** <http://www.herzorun.de>
- Medical service: BRK  
Showers / changing rooms: in the finish area  
Catering in the finish area and on the route: water, fruits

- Participation / disclaimer of warranty:**  
Any person who is healthy and has sufficient training can take part. A membership in a sports club is not required.

**Each participant starts at his own risk!**



# Sunday Sept13, 2020

5th race for the  
ERH-Sparkassen-Lauf-Cup 2020  
([www.erh-sparkassen-laufcup.de](http://www.erh-sparkassen-laufcup.de))

Main Run 10 km  
Hobby- / Company Run 4 km  
Youth U16 / Kids U14 4 km  
Kids U12 - U8 1 km  
Bambini 400 m



[www.tsherzogenaurach.de](http://www.tsherzogenaurach.de)



HerzoRun



ERH-Lauf-Cup

## Main Run with Youth U18 / U20

Evaluation for the ERH-Sparkassen-Lauf-Cup 2020

<b>Route length:</b>	10 km
<b>Start time:</b>	10:30 a.m.
<b>Age groups:</b>	W U18, W U20 Seniors (f), W30, W35 etc. to W75; M U18, M U20, Seniors (m), M30, M35 etc. to M80.
<b>Entry fee:</b>	12,-- €
<b>Award ceremony:</b>	from 1:00 p.m.
<b>Awards:</b>	for place 1 to 3 in each age group (male/female); Certificates for place 1 to 3 in each age group (male/female) in the main run, from place 4 on request at the award ceremony.

**Document printout on the internet possible.**

**Team classification:** The times of the 3 fastest male runners and the times of the 3 fastest female runners respectively are scored.

Non-cash prizes for place 1 to 3 in the team rankings.



**Participants of the ERH-Sparkassen-Lauf-Cup 2020:**

Race	Date	Location	Route length
1	04.03.2020	Neuhaus	10 km
2	27.06.2020	Oberreichenbach	10 km
3	04.07.2020	Weisendorf	10 km
4	05.09.2020	Gremsdorf	7,5 km
5	13.09.2020	Herzogenaurach	10 km

## Company- / Hobby Run Youth U16 / Kids U14

<b>Route length:</b>	4 km
<b>Start time:</b>	8:30 a.m.
<b>Age groups:</b>	<b>Company- / Hobby Run:</b> Men and women without age groups.  <b>Youth U16 / Kids U14:</b> Youth (m/f) U16 (birth 2006/2005) Kids (m/f) U14 (birth 2008/2007)
<b>Entry fee:</b>	Company- / Hobby Run: 8,-- € Youth U16 / Kids U14: 4,-- €

**Award ceremony:** from 12:30 p.m.

**Awards:** **Company- / Hobby Run:**  
for place 1 to 3 in each age group  
(male/female);  
Certificates for place 1 to 3 (male/female).

**Youth U16 / Kids U14:**  
for place 1 to 3 in each age group  
(male/female);  
Certificates for place 1 to 3 (male/female).

**Document printout on the internet possible.**

**Team classification:** The times of the 5 fastest runners (male or female) of a group / company / club are scored.

Non-cash prizes for place 1 to 3 in the team rankings.

## Nordic Walking

<b>Route length:</b>	7,5 km (suitable for Sport badges in Germany)
<b>Start time:</b>	8:30 a.m.
<b>Age groups:</b>	Men and women without age groups.
<b>Entry fee:</b>	8,-- €
<b>Award ceremony:</b>	from 11:15 a.m.
<b>Awards:</b>	for place 1 to 3 (male/female); Certificates for place 1 to 3 (male/female).

**Document printout on the internet possible.**

## Map / track layout main run

Adalbert-Stifter-Str. 50,  
91074 Herzogenaurach

